

Division of Agricultural Extension, ICAR-IARI, organised Farmers-Scientists Interface on Agri Nutrition under the project entitled “Enhancing Nutritional Security and Gender Empowerment” at Village-Lehchoura, Baghpat (Uttar Pradesh) on 28th May, 2016 in collaboration with Lady Irwin College, New Delhi. Dr. Premlata Singh, Head, Division of Agricultural Extension, Dr.B.S.Tomar, Head, Vegetable Science, Dr.R.K.Sharma, Principal Scientist (Entomology), Dr.Satyapriya, Sr. Scientist (Ag.Extn.), Dr.V.Sangeetha Scientist (Ag.Extn.), Dr.N.V.Kumbhare, Scientist (Ag.Extn.), Dr.Murali Krishnan, Scientist (Ag.Extn.) and Dr.P.Venkatesh, Scientist (Ag.Econ.), participated in this programme. Apart from this team, a group of students team led by Dr.Pulkit Mathur, Associate Professor, Food and Nutrition Division of Lady Irwin College, New Delhi explained the importance of balanced diet, fruits and vegetables, nutrition during pregnancy and lactation, prevention and control of diarrhea and anemia *etc.* to a group of hundred farmers, farm women and children.

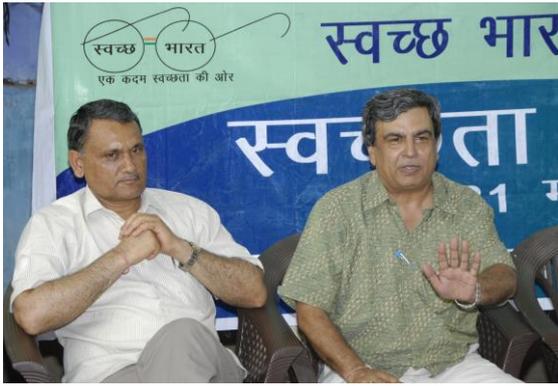
Dr.V.Sangeetha, P.I. of this project, explained the importance of this project and interventions implemented at the village. Dr.Premlata Singh explained about *Swachhata Pakhwara* and the importance of sanitation. 100 farmers, farm women and children had taken the pledge of *Swachhata Pakhwara*. She handed over the same to the leader of 27 SHGs existing in the village and asked them to take pledge during their monthly meetings. Dr.B.S.Tomar explained the importance of vegetables with respect to health and motivated farmers to devote a small piece of land for vegetables throughout the year. Dr.R.K.Sharma highlighted the importance of pest management in vegetable crops. Then, farmer friendly literatures were handed over to the villagers to set up village library. A separate feedback session was organised where farmers’ queries regarding nutrition were discussed. Around 60 farmers were selected for the demonstration of vegetable seeds and iron rich pearl millet varieties (Pusa composite 443&Pusa composite 701).



Dr.Premlata Singh, Head, Ag.Extn. speaking about importance of sanitation and taking pledge of *Swachhata Pakhwara*



Dr. B.S.Tomar, Head, Vegetable Science, explaining about importance of vegetables in diet



Dr.R.K.Sharma, Pr.Scientist, Entomology highlighting the importance of pest management in vegetable crops



Farmer friendly literatures for village library



Students from Food & Nutrition Department of Lady Irwin College explain about nutrients present in vegetables and their benefits to farm men and women



Farm women and men with Pusa vegetable seed kits and iron rich Pusa Pearl millet



seed kits and iron rich Pusa Pearl millet (Pusa Composite 443 and 701)