

**Training on Skill building in Nutrition Sensitive Agriculture
(NSA) for empowerment of rural women by
Division of Agricultural Extension
ICAR-Indian Agricultural Research Institute, New Delhi**

A training programme on **Skill Building in Agri-Nutrition**, was organized for rural women by Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute, New Delhi, project funded by DBT, during 27 to 29 December, 2018. The training was conducted in village Harsan kala, district Sonapat, Haryana state. Fifty rural women from the village were selected randomly for the training. The aim of this training was to spread awareness about the nutritional benefits of Pearl Millet, Soybean, Maize products etc. among rural women and to increase the skills among them regarding value added nutri products.

On the first day, Dr. V. Sangeetha, introduced the project team to the rural women and briefed about the Institute. Then, she summarized the project and its objectives to the participants of the training program. Then, she discussed about value added nutri products and their importance in ensuring nutritional security. She also explained about the importance of nutri kitchen garden kit. Simulation exercises, videos on bajra, machineries to prepare value added products, nutrition and entrepreneurship were shown to the trainees. Then, PUSA Nutri Kitchen Garden Kits were given to the rural women. Data was collected with the help of pre and post-tested structured interview schedule.

On the next day, the project staff demonstrated the rural women to prepare Bajra Ladoo, Soy Milk and Tofu (Soy paneer). Dr. P. Venkatesh, Sr. Scientist, Division of Agriculture Economics, discussed about the cost benefit of processing of the food products.

On the last day of the training, Dr. Sudipta Paul, Scientist, have discussed about the benefits of processing different food items. He also talked about the packaging techniques, the rural women can adopt, for their nutri-rich food products. Mr. Surender Singh, Chairman, Gramkul Farmer Production Co. Ltd., discussed about Farmer Producer Organisation (FPO) with agri-nutrition and how to start an enterprise, what are the procedure of loan etc. Then, certificates were distributed to each of the rural women who have participated in the training program. The programme ended with enthusiastic appreciation from the rural women.

Scientists, Dr.V. Sangeetha, Dr. Satyapriya, Dr. P. Venkatesh, and Dr. Sudipta Paul, the Project staff viz., Dr. Monika Yadav and Mr. Tushar Singh, SRFs and Ms. Sneha Chopra and Mr. Sumit, Project Assistants, organized this training programme under the guidance of Dr. Premlata Singh (Head, Agricultural Extension), ICAR-IARI, New Delhi.

A Glimpses of Training Program



Dr. V. Sangeetha is briefing about the project



Registration of participants



Pre-testing of the participants



Trainees seeing videos on nutrition



Tower building game for problem solving



Distribution of nutri kitchen garden kits



Distribution of training manuals to the trainees



Soy milk and tofu preparation



Value added products of bajra and soybean



Mr. Surender Singh discussing the FPO formation for agri-nutri products



Certificates distributed to the trainees