

Training programme under the project ‘A Nutrition Led Extension Model of Community Agri-Nutri Security Centres (CANSCs) for Nutrition Security of Women’ at Lehchhoda village, Baghpat district, U.P state

Organized by

**Division of Agricultural Extension ICAR-Indian Agricultural Research Institute,
New Delhi**

One day training programme was conducted in Lehchhoda village, Baghpat district, U.P state on January 21, 2019 on Value added products of Soybean, focussing on soynuts, by the Division of Agricultural Extension, ICAR – Indian Agricultural Research Institute, New Delhi under the DST funded project ‘A Nutrition Led Extension Model of Community Agri-Nutri Security Centres (CANSCs) for Nutritional Security of Women’. A group of 30 rural women from Lehchhoda village, belonging to various Self Help Groups, participated in this training.

Soybean was selected as the main product of current training because of its high content of protein, iron, calcium, fibre and other nutrients. The day began with the re-registration of the trainees. The project team briefed about the importance of soybean in the diet.

How to use microwave oven and spice coating machine, which were set up under Community Agri-Nutri Security Centres (CANSCs) in their village, was shown to the participants. A step by step procedure was explained to the participants. They were guided about the procedure of preparation of soy nuts, especially roasting it using oven and coating or mixing it with the spices by using spice coating machine. Then, the participants enthusiastically played their hands with microwave and spice coating machine. At the end, the kits were distributed to the participants.

Dr.V. Sangeetha (Scientist & PI, Agril.Extn.), Dr. Premlata Singh (Co-PI and Head, Agricultural Extension), Dr.Satyapriya (Pr.Scientist & Co-PI, Agril.Extn.), Dr.R.R.Burman (Pr.Scientist & Co-PI, Agril.Extn.), Dr.Shalini Guar Rudra (Scientist & Co-PI, FS&PHT) and Dr.P.Venkatesh (Sr. Scientist & Co-PI, Agril.Econ.), the Project staffs viz., Dr. Monika Yadav (SRF), Mr. Sumit Kumar (Project Assistant) and Ms. Sneha Chopra (Project Assistant), ICAR-IARI, New Delhi, organized this training programme.

A BRIEF LOOK OF TRAINING PROGRAM



Attendance of the participants



Distribution of kits to the participants



Participants were explained about how to use microwave oven



Roasting of soy bean in microwave



Hands on training about mixing of spices with roasted soynuts in spice coating machine

