

A training programme on “Nutritional security and economic empowerment of farm women” under UNDP funded project to the farm women at Aurangpur village (Badli block, Jhajjar district) Haryana

Division of Agricultural Extension, ICAR – Indian Agricultural Research Institute (ICAR-IARI), New Delhi, organized a training programme on “Nutritional security and economic empowerment of farm women” under the UNDP funded project ‘Strengthening agri-nutri linkage for enhancing nutritional security and empowering farm women in India: Leveraging agriculture for nutrition’ at Aurangpur village, Badli block, Jhajjar district, Haryana during June 21-23, 2018. A group of 51 rural women



Distribution of training kits to trainees

preparation of *bajra matthi* by a former trainee. Dr. Venu Lenin, Principal Scientist (Agricultural Extension) addressed the trainees about the project and its vision and motivated them for economic empowerment.

The second day began with showcasing videos of successful entrepreneurs for insight and motivation. It was followed by demonstration of preparation of Bajra pop, Soyabean milk and tofu.

On third day lectures on bank linkages and lending support, Haryana Rashtriya Livelihood Mission activities was delivered by resource person from Jhajjar. Simulation exercises were undertaken by the project staff. Post-test of the trainees were conducted. Seeds of ICAR-IARI



Pre test of the trainees

representing various Self Help Groups participated in the training.

First day began with registration and pre-test of the trainees followed by demonstration of preparation of *Bajra ladoo* by one of the *Krishi Sakhis* of the earlier training at Ismailpur village. Followed by second demonstration on



Demonstration of Soy Milk preparation underway

vegetables were distributed to the trainees and the best trainees (Krishi Sakhis) were awarded with kitchen garden kit. This was followed by distribution of certificates and official vote of thanks.

Dr. Venu Lenin, Course Director and Principal Scientist (Agricultural Extension), Mr. Satya Prakash, Senior Technical Officer and the Project staff viz. Mr. Ravi Shankar, SRF, Ankush Kumar, Field Assistant and Mr. Sumit kumar Gupta, Project Assistant organized the training programme under the guidance of Dr. Satyapriya (PI,UNDP Project) and Dr. Premlata Singh (Head, Agricultural Extension).



Simulation exercise in progress



Distribution of certificates and seed kit to best trainee.