

Division of Agricultural Extension ICAR-Indian Agricultural Research Institute, New Delhi

Under *Mera Gaon Mera Gaurav*, Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (IARI), New Delhi organized demonstrations of Pusa kitchen garden kits, consisting of vegetable seeds such as spinach, pea, fenugreek, turnip, radish, onion, carrot, tomato in Jagdishpur village, District Sonipat, Haryana on 23rd October, 2021. The purpose of this demonstration was to create awareness among rural farmers about having kitchen garden in abundant and unutilized spaces and eating healthy vegetables for their nutritional benefits and good health.

Apart from nutri kitchen garden kits, wheat variety HD-3271 (100 kg) suitable for very late sown conditions of Haryana were also distributed to the farmers.

Apart from this, farmers were made aware about the new initiative of IARI, New Delhi i.e. PUSA Samachar (Hindi) YouTube channel. This activity was organized by Dr. V. Sangeetha, Sr. Scientist, Mr. Sumit Kumar, Project Assistant and Mr. Ankush Kumar, Field Assistant, Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (IARI), New Delhi.

Glimpses of MGMG demonstration activities in Jagdishpur village of Sonipat (Haryana)

	
<p>Dr. V. Sangeetha, Sr. Scientist, discussing the importance of nutri kitchen garden with the farmers</p>	<p>Farmers with PUSA nutri kitchen garden kits</p>
	
<p>Beneficiary farmers with PUSA wheat variety HD-3271</p>	<p>Dr. V. Sangeetha explaining about Pusa Samachar IARI YouTube channel to a farmer in Sonipat district</p>