

**Division of Agricultural Extension
ICAR-Indian Agricultural Research Institute, New Delhi**

Under *MeraGaonMera Gaurav*, Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (IARI), New Delhi organized demonstrations of Pusa kitchen garden kits, vegetable seeds onion (PusaMadhvi), Spinach (Pusa Bharti) and carrot (PusaRudhira) among scheduled caste rural women and farmers in villages Jagdishpur, Ghaddi&Bayyanpur, SonipatDistrict, Haryana on 6thOctober, 2020.The activity was organized under Dr. V. Sangeetha, Scientist and project staff. The purpose of demonstration was to create awareness among scheduled caste rural women and farmers about having kitchen gardens in the available space at home and eating healthy vegetables for their nutritional benefits and keeping good health. Many of them were not having sufficient space to maintain a full-fledged kitchen garden in their backyard. So, for them, a small kit comprising of onion, spinach and carrot seeds were given.

In village Jagdishpur, 8nutri kitchen garden kits comprised of Spinach, Green peas, Carrot, Mustard, Fenugreek, Onion, Chenopodium, Turnip, Fava beans, Raddish and 4 mini kits comprised of onion, spinach and carrotwere given to the intended beneficiaries. In village Bayyapur, 12nutri kitchen garden kits and 17 mini kits were given to the intended beneficiaries.

Also, 10 kg seeds of Pusa Mustard variety PM 31&100 kg seeds of Wheat variety HD 2967 were distributed to the farmers.

A farmer cultivating rose crop showed symptoms of yellowing in his field and solution was provided after showing the symptoms to scientist from Floriculture division, IARI.

A visit was made to mushroom shed (under construction) of a farmer from Jagdishpur village.

Apart from this, farmers were made aware about the new initiative of IARI, New Delhi i.e. PUSA *Samachar* YouTube channel.

Glimpses of MGMG activities in cluster no. 74



Dr. V. Sangeetha, Scientist, discussing the importance and health benefits of consumption of nutri kitchen garden kits with the Scheduled caste rural women in Jagdishpur village



Scheduled caste rural women with PUSA nutri kitchen garden kits &Vegetable seed pockets



Scheduled caste farmers with PUSA nutri kitchen garden kits and vegetable seeds



Beneficiary farmers with PUSA Wheat variety HD-2967



Dr. V. Sangeetha explaining about Pusa Samachar, IARI YouTube channel, to Mr.Charan Singh, a young farmer in Bayyapur village



Rose crop with yellowing symptoms



Rose field in Bayyapur village



Mushroom shed of Mr. Naresh Kumar, a farmer from Jagdishpur



Pusa 1509 paddy crop in Jagdishpur village



Raddish (Pusa Chetki) in kitchen garden