



NAHEP



Online Training on Life Skills and Personality Development September 21-25, 2020

No Registration Fees

The project entitled "Center for Advanced Agricultural Science and Technology (CAAST)" is being implemented in ICAR-Indian Agricultural Research Institute, New Delhi under World Bank Sponsored National Agricultural Higher Education Project (NAHEP) of Indian Council of Agricultural Research (ICAR), New Delhi, Government of India, since 2018 .

One of the major objectives of CAAST project is to provide a platform to the **M.Sc. and Ph.D. students** from different disciplines to undergo several relevant trainings from Institutes of International repute by organizing lectures and training programs for the student and faculty of NARES.

Background

Life skills are indispensable for every individual to sustain and grow in their workplace and personal life. For successful, satisfying career, researchers and academicians needs life skills besides technical skills. These life skills, include real life problem solving, teamwork, communication skills, time management, stress and conflict management, mannerism, balancing absorption and assertiveness, co-leadership, organizational change adaptation etc.

Since students have to achieve their goals, by striking an ideal balance amongst studies, extracurricular and sports activities, therefore, it is necessary to enhance their personality and life skills. With this view, online training course on "Life Skills and Personality Development" is being organized by ICAR-IARI under NAHEP-CAAST from September 21-25, 2020 through online mode.



Who Can Apply

All students of ICAR-IARI, New Delhi, SAUs, CAUs, DUs, Central Universities with Agriculture Faculty, pursuing M.Sc./M.Tech/Ph.D. are eligible to register and requested to take advantage of the online training course during this lock down time.

[Click Here to Register](#)



General Objective

To develop Life skills enhancement amongst the participants for enhancing their personal and professional effectiveness.

Specific Objectives

- ❖ To develop Life Skills for effective professional and personal life management.
- ❖ To polish overall personality traits which contribute towards success
- ❖ To improve critical thinking, interpersonal skills and presentation skills.
- ❖ To re-energize Achievement Motivation among students.

Instructions

- ❖ Participants need to register by clicking on the registration link <https://forms.gle/9iZyTR9LryNsDgC59> on or before 15 September, 2020 (17: 00 h) and should provide an active Email id and WhatsApp number for further communication.
- ❖ The number of participants will be limited to 80 candidates (20 candidates from ICAR-IARI, New Delhi and 60 candidates from other Agricultural Universities/Organizations).
- ❖ Daily two expert lectures followed by group presentation through ZOOM platform along with online discussions will be conducted.
- ❖ List of selected participants will be displayed on 18 September 2020 at nahep-caast.iari.res.in
- ❖ Certificates will be provided to the candidates based on the attendance and completion of the assignments. The training sessions will also be live streamed through YouTube.
- ❖ Performance of the group presentations by participants will be monitored and evaluated; and best presentation certificates will be awarded.

Instructions to the candidates

- ❖ The WhatsApp group of the selected candidates will be formed at least one day before the start of the training programme and all the communications regarding the training programme will be posted on this WhatsApp group.
- ❖ Alternatively, the candidates can keep accessing the IARI, New Delhi website (www.iari.res.in) regarding the selection, preferably on the day before the start of the training programme.



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"The pessimist complains about the wind. The optimist expects it to change. The leader adjusts the sails."

Organized by

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